
RITE NOW @ ROP



Sierra Sage Academy's CHA Certified Horsemanship Instructor Aimee Palmer has brought a wealth of experience and caring to the Ranch Program since joining the team in July of this year. Aimee has over 13 years of experience working with at-risk youth and horses to build recovery and resiliency.

In addition to learning to ride a horse, students in the horsemanship program learn to identify and process emotions of their animals, develop a work ethic, and establish a bond of trust. Horses respond to the emotions of the humans around them. If a person approaches a horse with anger or fear, the horse will respond by shying away or becoming stubborn. Horses never hide their emotions so students must learn to regulate their own feelings.

Recently, the students in the horsemanship program put on two Fall Festivals. The first festival was for their fellow students who were delighted with the games, petting zoo, horse exhibitions, hay rides, and caramel apples. The students thanked their peers by writing them Thank you cards and honoring them at the campus weekly assembly. The second Fall Festival was held for members of the Mason Valley Boys and Girls Club who also had a wonderful time.
