

# SIERRA SAGE TREATMENT CENTER

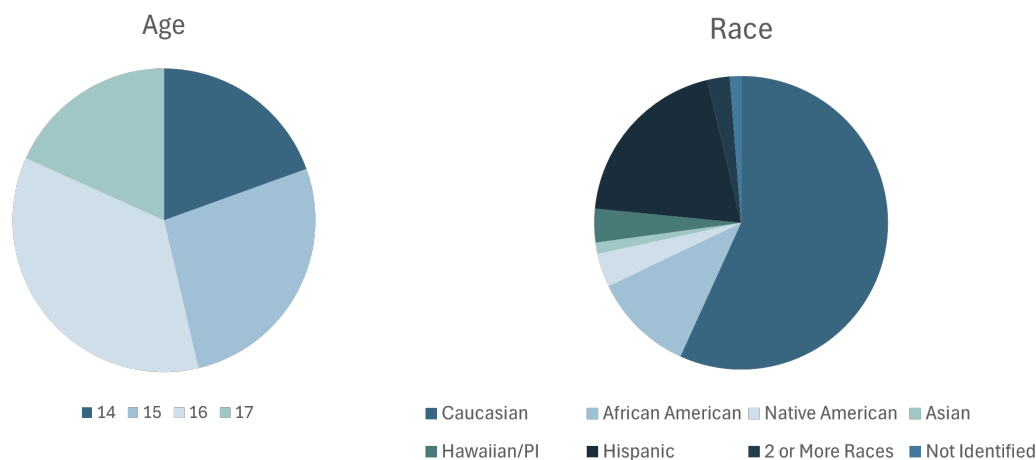
## 2024 ANNUAL REPORT



Sierra Sage Treatment Center is a licensed Psychiatric Residential Treatment Facility (PRTF) that provides short-term residential care for young women and gender non-conforming youth ages 14 to 17. The program serves individuals with moderate mental health disorders, emotional and behavioral disturbances, and those impacted by commercial sexual exploitation and trauma. Sierra Sage offers a safe, structured, and stabilizing environment for youth whose needs cannot be met in a home-based setting. The program is focused on delivering high-quality, intensive treatment to support healing and long-term success.

Residents receive comprehensive therapeutic and academic services, along with a range of evidence-based group interventions. These include Aggression Replacement Training (ART), Dialectical Behavioral Therapy (DBT), Seeking Safety, I-Emphasize, independent living skills, Cognitive Behavioral Therapy (CBT) for Anger, Safe Dates, Connections, Reaching Horizons, and substance abuse treatment.

### DEMOGRAPHICS OF YOUTH SERVED



### 2024 OUTCOMES

- 16 years old was the average age in 2024
- 6 hours of education per day
- 8.1 hours of treatment per week
- 21 average family contacts per youth per month
- 6 hours of Positive Youth Development per youth per week, including organized sports, student government, community service, and cultural and spiritual activities